ST. ANSGAR COMMUNITY SCHOOLS BREAKFAST and LUNCH

NOVEMBER 2020

SALAD BAR OFFERED EVERY DAY AT MIDDLE SCHOOL and HIGH SCHOOL

NOVEMBER	2020				
SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY SAT
1	2:00pm Dismissal 2	_	4	2100pm210m00m	NO SCHOOL ⁶ ⁷
	French Toast Sticks	Cereal, Wheat Toast	Breakfast Bar, Toast	Cereal, Wheat Toast	ika.
	Sausage Links	Fruit, Juice, Milk	Fruit, Juice, Milk	Fruit, Juice, Milk	A CALLER AND A CALLER
	Fruit, Juice, Milk				
		Hamburger on Bun	Walking Taco	Hot Dog on Bun	
	Pork Patty on Bun	Chips, Pickles	Lettuce, Cheese	Baked Beans	
	Potatoes & Gravy, Pickles	Broccoli	Corn, Salsa	Sweet Relish	
	Peaches	Mixed Fruit	Pineapple	Mandarin Oranges	
	Milk PT Conf. 4:00-8:00pm	Milk	Milk	Milk PT Conf. 4:00-8:00pm	
8	9	10	12:30pm Dismissal 11	12	13 14
	Pancakes, Sausage Links	Cereal, Wheat Toast	Breakfast Sandwich	Cereal, Wheat Toast	Donut, Yogurt
	Fruit, Juice, Milk	Fruit, Juice, Milk	Fruit, Juice, Milk	Fruit, Juice, Milk	Fruit, Juice, Milk
	Chicken Fajita on Tortilla	Sloppy Jo on Bun	Pizza Crunchers	Chicken Nuggets	Pulled Turkey on Bun
	Lettuce, Cheese	Tater Bar, Pickles	Broccoli	Potatoes, Peas	Potato Salad
	Salsa, Apricots	Mixed Fruit	Apple	Applesauce	Peaches
	Milk		Milk		Milk
15	16	17	12:30pm Dismissal 18	19	20 21
	Waffles, Sausage Links	Cereal, Wheat Toast	Breakfast Pizza	Cereal, Wheat Toast	Long John, Yogurt
	Fruit, Juice, Milk	Fruit, Juice, Milk	Fruit, Juice, Milk	Fruit, Juice, Milk	Fruit, Juice, Milk
	Corn Dog	Pulled Pork Nachos	Rib Patty on Bun	Crispito, Corn	Turkey Gravy on Potatoes
	Tater Tots	Nacho Cheese, Salsa	Baked Beans	Lettuce, Salsa	Dinner Roll, Apple
	Frozen Fruit Cup		Mixed Fruit	Pears	Pumpkin Dessert
	Milk	Milk	Milk	Milk	Milk
22	23		05	20	27 20
	Breakfast Bites	Cereal, Wheat Toast	NO SCHOOL 25	NO SCHOOL 26	NO SCHOOL 27 28
	Fruit, Juice, Milk	Fruit, Juice, Milk		2000	
	i i uit, juice, wiik	i fuit, juice, wink			
	Orange Chicken, Rice	Cheddarwurst on Bun			
	Broccoli Normandy	Baked Beans, Sauerkraut			
	Pears	Mandarin Oranges			
	Milk	Milk		7.*	
29	30				
	French Toast Sticks	1	12:30pm Dismissal 2 Omelet, Wheat Toast	3 Cereal, Wheat Toast	4 Donut, Yogurt
	Sausage Links	,		Fruit, Juice, Milk	Fruit, Juice, Milk
	0	Fruit, Juice, Milk	Fruit, Juice, Milk		Fluit, Juice, Milk
	Fruit, Juice, Milk	Carller ad Datata an 9- U.	Dennenni Di	Goulash	Fish an Dan
	Grilled Cheese Sandwich	Scalloped Potatoes & Ham Butter Sandwich	••		Fish on Bun Baked Potato
			Lettuce	PBJ Sandwich	
	Baby Carrots, Orange	Broccoli, Peaches	Apple, Milk	Green Beans, Pineapple	Pears
	Milk	Milk	Elem. Cheese Pizza		Milk
	Net ON	<u></u>	A	PLEASE KEP YOUR	GRAB & GO
			A Starting of the second secon	MEAL ACCOUNT	
				CURRENT.	MON: CEREAL BAR
				MENU SUBJECT TO	TUES: CHEESE STICK
		C.C.		CHANGE.	WED: MUFFIN
1	NAMON 108	allilan 2		<u> </u>	THURS: PIZZA SLIDER BOAT
			ARK WAR	THANK YOU!	FRI: YOGURT & GRANOLA

This insitituition is an equal opportunity provider. A dark green leafy vegetable is provided once a week.